| **Topic** | **Description** | **Links** |
| --- | --- | --- |
| Visual Schedules & Visual Supports | The Virginia Commonwealth University Autism Center for Excellence provides a How To video on environmental considerations and visual schedules. | [How To: Environmental Considerations-Schedules](https://vcuautismcenter.org/te/how_to/simpleVideo.cfm?video=20) |
| Visual Schedules & Visual Supports | The Virginia Commonwealth University Autism Center for Excellence provides a How To video on mini-schedules. | [How To: Minischedules](https://youtu.be/r6VjF3NXTdo) |
| Visual Schedules & Visual Supports | The University of North Carolina TEACCH Autism Program provides tips for families including visual schedules, relaxation strategies and routines, daily living routines, using visual timers, social narratives for changes, and teaching social skills. | [TEACCH Tips](https://teacch.com/resources/teacch-tips/) |
| Visual Schedules & Visual Supports | The Virginia Commonwealth University Autism Center for Excellence provides a brief How To video on using visual supports with young children. | [How To: Visual Supports](https://vcuautismcenter.org/te/how_to/simpleVideo.cfm?video=21) |
| Visual Schedules & Visual Supports | The Virginia Commonwealth University Autism Center for Excellence provides a video resource which includes strategies for teaching handwashing to those who need more support such as using a task analysis, prompting, using visual supports, and using reinforcement | [How To: Teaching Handwashing](https://youtu.be/BYaMaGj0Pgo) |
| Visual Schedules & Visual Supports | The Virginia Commonwealth University Autism Center for Excellence provides a video modeling of the steps of proper handwashing. | [Video-Modeling Steps of Handwashing](https://vcuautismcenter.org/te/how_to/simpleVideo.cfm?video=37) |
| Online Visual Timers | Visual timers help children understand the concept of time and that every activity is limited to a set amount of time. | [Online Clock Countdown](https://www.online-stopwatch.com/sensory-timers/) |
| First-then Chart | Autism Circuit provides a first/then template for visual schedules. | [First-Then Card](http://www.autismcircuit.net/tool/first-then-card) |
| Five Point Scale | The Incredible Five Point Scale is a visual support that is color-coded and assists young children with being aware of and adjusting the volume of his/her voice. | [SCALES](https://www.5pointscale.com/scales.html) |
| Behavior pictures/symbols | The Aroha Special Ed site provides picture symbols that may be printed to assist young children with behavior expectations. | [Symbols for lanyard](https://arohaspecialed.com/2019/04/22/behavior-lanyard-to-support-positive-behavior-in-students/) |
| Social Story | The Vanderbilt Kennedy Center provides a tip sheet on how to write a social story. | [How to Write a Social Story (under Professionals and Research Supports](https://vkc.mc.vanderbilt.edu/vkc/resources/tipsheets/) |