Preschool

**Preventing and Responding to Challenging Behavior**

Children may feel challenged by the change in routine or their environment as a result of COVID-19. The table below includes a list of supports and related resources to consider for preschool-aged children. This is not an exhaustive list. Teachers may want to use or highlight the items they would like a parent to use to support their child during this time.

| **Topic** | **Description** | **Link** |
| --- | --- | --- |
| Prevention Strategies | This infographic from the National Center for Pyramid Model Innovations (NCPMI) offers an overview of five key things families can do prevent or reduce challenging behavior from occurring throughout the day. | [Help Us Have a Good Day! Positive Strategies for Families](https://challengingbehavior.cbcs.usf.edu/Implementation/family.html" \o "web link)  (under General Resources) |
| Prevention Strategies | This collection of tip sheets from Vanderbilt University provides guidance for families in preventing or reducing challenging behavior. | [Tip Sheets for Preventing Challenging Behaviors](http://fbs.vkcsites.org/document-library/prevent-strategies/prevent-strategies-document-library/) |
| Response Strategies | This infographic from NCPMI offers an overview of strategies families can use when responding to challenging behaviors. | [Help Us Stay Calm: Strategies that Help You and Your Child During Challenging Behavior](https://challengingbehavior.cbcs.usf.edu/Implementation/family.html)  (under General Resources) |
| Response Strategies | This collection of tip sheets from Vanderbilt University provides greater detail and guidance for families regarding the response strategies featured in the “Help Us Stay Calm” infographic. | [Responding to Challenging Behaviors](http://fbs.vkcsites.org/responding-to-challenging-behavior/) |
| Positive Behavior Supports | Each handout in this collection from the Technical Assistance Center for Social Emotional Intervention (available in multiple languages) targets a different strategy or skill families can use at home to address behavior, emotions, routines and schedules, and social skills. | [Backpack Connection Series](https://www.pyramidmodel.org/resource/backpack-connection-series/) |
| Behavior Support Plans | This website offers a series of short webinars for families explaining the basics of function-based behavior intervention for young children. | [Family Behavior Support Webinars](http://fbs.vkcsites.org/webinar/) |
| Teaching Social Emotional Skills | This VCU-ACE How To video resource discusses helping young children learn to regulate their emotions. | [Emotional Regulation](https://vcuautismcenter.org/te/how_to/simpleVideo.cfm?video=29) |
| Teaching Social Emotional Skills | This printable flyer for families from NCPMI provides ideas for activities to teach emotions. | [Teaching Emotions: Activity Ideas to Share with Families](https://challengingbehavior.cbcs.usf.edu/Implementation/family.html)  (under Teaching Social Emotional Skills) |
| Positive Behavior Supports | This website features a collection of strategies for families to use during times of change including visual schedules, relaxation strategies and routines, and the use of visual timers. | [Supporting Children During a Time of Change](https://teacch.com/resources/teacch-tips/) |
| Positive Behavior Supports | This infographic from NCPMI provides seven tips and supporting resources for parents to use with children as they adjust to changes in daily routine and stressors at home. | [Tips for Helping Your Child During the Pandemic](https://challengingbehavior.cbcs.usf.edu/emergency/index.html) |
| Positive Reinforcement | This VCU-ACE How To video provides an overview of how to provide reinforcement to young children. | [How To: Reinforcement](https://vcuautismcenter.org/te/how_to/simpleVideo.cfm?video=31) |
| Positive Reinforcement | This VCU-ACE video resource provides families with information about what reinforcement is and how it can be used to support and motivate a child. | [Autism101 Parenting: Reinforcement](https://youtu.be/WcjiNaii_hg) |
| Trauma-informed Care in the Classroom: Resources to Address Challenging Behaviors | Videos from Head Start regarding addressing challenging behaviors and how Head Start programs can help children, families, and staff. | [**Behavior Has Meaning**](https://secure-web.cisco.com/1ScC1BHihW_GH0B6rIB2tQOSN7REgG6YdsZng-xOk6oT7j1L1KyYjRd1KuucGZV16Zd6UVrhmMhSMIB78kOudVZRFHfOG3Fb5vkIAp5XStoBWpXPP-otdV-MsmAGbPZJQ2G8c4gfiz40jPeP4KOMCQewMiPr3kzZGAbGkkvCwpZbGKtsyh2WsxE1NfriIa_B8jUYxp-1BpfUEucUB9s6iGP8CfexG6XWncvvwQTyudeeVjcGfTYNOTYgkKsc6rIGuOxDG865j4fcah4cabjztHjGmNHSY-bMu4VaWgjCR0c1zEoMJG_rW2wzDP4l4EsErwKUxaWXLH7_FcO3uSa9KLLgvkEkDUdf1Urw6ymQoBGDjDzSPaOopLSsPd9txBAV5BD0MmQtPzjVtBfb8NkX530WnrYtdoi63xV-VUvBC9L26kcxwqazt2B_-8teJtyF_VqJqtetnY_4nl0rin8X2Jg/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-k%2F)  [**Fostering Connections**](https://secure-web.cisco.com/1rSmjh0m7wa1CPNj_Nl3fbqyZmrX1oi1C2QJDmFtH2wrFEYSEAJ6MB8zNrIpgLnkyfnBzCI86z2Bm5OmMqUd6iwrnhvQvbbHFT3R9XmEQYMhXHRYuxN8rzS1rLn1VbVkm1B14e9zD0Z2RxkJcCRwF3VbYWQ3Rv_gTZSQi8nIo_rJBdx3w_DlWL1Z5GCzHAUnpGJ5rTqbkFvXhFfigulMTlXlFH9AypN7HSJz7mQNRPCtpE5DAbP8yrtMTjn4MQShlQK7fNVJXM0XTWt2fb-qs3NGZ21dpC6RqFpMU--dAlNWK-Uf-B-X-z92fjfAODxka6jYBQOimZmw8INVECZFthrprKTqx_qZDh4nJnQDwch4GyyBjX0ydN-Hu-eAhvlpK8SOrKD2I_4sFXkMZ9dBDGdC-PvI2vLdbkSkmbJiFQ5jZHqyRkRlcRIY_-C00YJDCadBqQuANY9jrGUZY9SX_bQ/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-o%2F)  [**Problem-Solving in the Moment**](https://secure-web.cisco.com/1vvphzsJ6bwSH0skvNwesktsetwewJTvLjLm4dbR4WKRGpx7ZaNbxX6Ds8KZ29KZUZBjR8kOPa_4w-fkH7I0VUeEJ88Z_LG6kk9_DvzlLtkMonlgKY124EGWHxy9fCVNrHHP5DvEYIy53luFDOPNGac2IFQywC9mUBwIMP8gauBQSKTEvUYAZxvMJvn-vLVO2nASWU00za0UQajkoM9CxtYz4tw5-GHjX-Cs6UZqvJzzONk2a5IOvEDMS-HXz2fQ1WlCIOiLj1XhQNaY04pFn_rQ9EeAnK6RojtHls8XXiphRh7SZa88AfUQxWRu1CfZTlngaiYE1TWCafH9K0B52IOR65umb_z68qfkLvDUfVX-hwLmx8L_YytwqIOUWAwCtY8zRAOQZfGl46_66Ty4AX6D00kzuH1Vj53IOut4hmnwWO4beZ9CFFdM6j2AUY_KzHbsDhVG3c0X0jvGQLYqapg/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-c%2F)  [**Redirecting Behavior**](https://secure-web.cisco.com/1gYHXt4OCcPf1XQb_QaznVVyt0PCN1nbtEZXL1w0-b0bjcTCbJU124G_RfjNr51gS92mzgIdDGAoApcm22V_iJWm4lXO9zQ_dA72I1yc_51Hako3ZO8XzbOmBfEU1nZJy9nusrL9h7G_kBdD1gLy89g3oNAYBmpwzQsADqoFtydZqj5NywsAaWqNf3YvA9iVwkuAGBv_Fm6URebVYZnpq9SX9sT3RxVvgyhup0S6fRdHPTnR1n6oBRN3RWJ76ayRQugSlXmXHv5gnLz-1cWsTIJa7l7FmFeJSJGqJdJw8j6vMlnqXmj2gb84Q6L0LGdaTodFx_LCuabOHgBB8foK1ocv2qsw2KR5QK0huxhxxy4c3ZSk_MAe7YvLf-0eThjRxHnqd07SGx8vjCdo1umTwtNQ0gjTSGJn9-goTUlI8HYxe5MVnDTDTP7XpKDLsgOZ8NVG7fn0AxIpjcuIk9PRQiQ/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-a%2F)  [**Stating Behavioral Expectations**](https://secure-web.cisco.com/1AW7Pw37LiS7FOBOZTnHvT1Le5rOcaF1b_tsFD0_n-1loHM5e28nZzrohWMRx_Q9d4bLjZ4_TcZrfj7H7PfHYjopHRLQFYd6VZF24HmCj7MTmUPTM38a74pFeKpeWgOAR7FXt-qbhngpq2Z9PHOlvEe-dv9fGLBqbCA9J6VI_FROKBNnOAfxw_ioEWn3nTePMGvpYtd45RT-4kjaMBWWjRUd8N8BWIu404KRB8cPBc14OiJ5JuuqhsC5sbtlDZD6234tizO_q-w9J3-Sa4OeXgVArXKkc-5er__MplXsg5_zOhFv801CrfdD3DSBTCJrq1m_0ZqrQoBkFXDXJXYUnNrC0aN5vppM3SL2dJ2Zj6jW2v8RcSs0rvaRM-xXIBDHuRuHY3Ru9RN8JE8fL9_FevusCBqOYWa6YU64s47PVudMcawFzQfdvvEhpAoZANWCQRRT2-Wng-TzDYDNejeV-9g/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-z%2F)  [**Highly Individualized Practices Series**](https://secure-web.cisco.com/1j3SD5K_R9_ykNGEEUaCPNZkJ5LJf00Hj6xCEdof-D3mp4Acd_rKod5U99HWGfsYUHJFxC40zTlJzynAj1LGk_O24IxA7LRalZqF4DGmKK12zBIkXmxjtB41jrPXUBkHuNsMDZI3wlNLkZFQva-N6dPMaLElBmPIN-QYF_Fcnp5Ln04_Yj5LCfjaNxYqM3KXVx1rw9-FH3sxQELMeEREIumrPeAPKE9_tL3QmoKTk4Xbnuvw3OQ7MPlxUbsHqRqtYQOZM_U38_DJSPIQ9uAm0p0ugPHBq0IeGj89TuITrmceXZjzCdqeTIc6dc2Zs6em-C5jm-r3SwHWgvAbRX_9z8MN4Y-GvgJlR0VQ9qZSqKarwown8HMVTOLLT4fmPqyt3HF4WnOEpwYrij44uodn9QITZLhc_7vT5l0EmVKBfRpPw7SSgjjVK3GI-xV3n8nEvQIMUpXSe0d8YdHf52AxDmA/https%3A%2F%2Fhsicc.cmail19.com%2Ft%2Fj-l-qykcjk-ydijdhuytl-e%2F) |